

IN LINEA

FOOD SUPPLEMENT

60 capsules of 0.6 g

SUGAR-FREE (SUGAR < 0.5 G / 100 G)

GLUTEN-FREE, NATURALLY LACTOSE-FREE

With Garcinia cambogia, Green Tea, Glucomannan, L-acetylcarnitine, Piperine, and Chromium. Green tea supports bodily fluid drainage, body weight balance, and chromium helps maintain normal blood glucose levels.

Why is it important to keep weight under control?

Body weight is one of the key factors for maintaining a healthy lifestyle. Being overweight can contribute to the development of numerous health conditions, including hypertension, heart diseases, type 2 diabetes, certain types of osteoarthritis, and sleep apnoea.

The risk depends not only on the degree of excess weight but also on the distribution of body fat and the level of physical activity performed. By adopting a balanced diet and engaging in regular physical activity, overall well-being can be significantly improved.

How does it work?

- **Green Tea:** With its high antioxidant content, it offers numerous health benefits and is known for supporting weight maintenance.
- **Garcinia Cambogia:** Traditionally used in Asian cuisine, this woody plant grows naturally in tropical areas. Its therapeutic properties are attributed to its hydroxycitric acid (HCA) content.
- **L-acetylcarnitine:** Some evidence suggests it may support weight control diets.
- **Glucomannan:** A high-molecular-weight polysaccharide composed of glucose and mannose chains, it helps maintain normal cholesterol levels in the blood.
- **Piperine:** An alkaloid found in black pepper, primarily in its outer layer, responsible for its spicy flavour and offering multiple health benefits.
- **Chromium Picolinate:** A source of chromium, it helps maintain stable blood glucose levels. This element plays a crucial role in improving insulin sensitivity and supporting the proper use of glucose by the body.

Warnings:

Keep out of the reach of children under 3 years of age. Do not exceed the recommended daily dose. The product should be used as part of a calorie-controlled diet combined with a healthy lifestyle and regular physical activity. If the diet is followed for more than three weeks, consult a doctor.

Contains caffeine (2 mg/dose): not recommended for children, pregnant or breastfeeding women.

Do not consume a daily amount equal to or greater than 800 mg of (+)-epigallocatechin gallate. Should not be consumed if other green tea-containing products are consumed on the same day. Not suitable for pregnant or breastfeeding women, or those under 18 years of age.



Do not consume on an empty stomach. If you experience adverse effects, such as liver function issues or central nervous system disturbances, discontinue use and consult a doctor.

Storage:

Best before: mm/yyyy. (36 months from the date of production).

The expiry date refers to the unopened product, stored correctly in its original packaging.

Instructions for use:

Take two capsules per day with a large glass of water during main meals, preferably one capsule before lunch and one before dinner.

